



TEMPS DE QUALIFICATION PROVINCIAUX 2023-2024																	
HOMMES - 25m																	
Événements	Coupe du Québec Senior	Coupe du Québec Junior / Senior										Championnat Québécois Arena					
		11 ans et moins	12 ans	13 ans	14 ans	15 ans	16 ans	17 ans	18 ans et plus	11 ans et moins	12 ans	13 ans	14 ans	15 ans	16 ans	17 ans	18 ans et plus
50m Libre	24.86	32.19	29.81	27.71	26.25	25.48	24.98	24.61	24.37	31.87	29.51	27.43	25.99	25.22	24.73	24.36	23.13
100m Libre	54.62	1:12.15	1:05.50	1:00.89	97.68	95.98	94.89	94.07	93.55	1:11.43	1:04.84	1:00.28	97.10	95.42	94.34	93.53	93.01
200m Libre	1:59.61	2:32.84	2:21.44	2:13.38	2:06.32	2:02.61	2:00.21	1:58.43	1:57.26	2:31.32	2:20.03	2:12.04	2:05.06	2:01.39	1:59.01	1:57.25	1:56.09
400m Libre	4:16.18	5:27.24	5:05.84	4:45.56	4:31.83	4:22.58	4:17.43	4:12.39	4:11.15	5:23.97	5:02.78	4:42.71	4:29.11	4:19.96	4:14.86	4:09.86	4:08.64
800m Libre	9:03.78	11:27.87	10:42.87	10:00.25	9:31.39	9:17.46	9:06.52	8:58.45	8:53.12	11:20.99	10:36.44	9:54.25	9:25.68	9:11.88	9:01.06	8:53.06	8:47.79
1500m Libre	17:00.93	21:31.63	19:49.63	18:41.88	17:58.73	17:22.00	17:06.37	16:56.10	16:40.91	21:18.71	19:37.74	18:30.66	17:47.94	17:11.58	16:56.10	16:45.94	16:30.90
50m Dos	28.82	37.14	34.38	32.29	30.90	29.64	29.26	28.82	28.25	36.76	34.04	31.96	30.59	29.54	28.96	28.53	27.97
100m Dos	1:01.84	1:20.86	1:14.14	1:09.61	1:05.96	1:04.35	1:03.09	1:01.84	1:00.62	1:20.06	1:13.40	1:08.92	1:05.30	1:03.71	1:02.46	1:01.23	1:00.02
200m Dos	2:15.55	2:53.15	2:40.26	2:31.13	2:23.88	2:20.37	2:17.62	2:14.90	2:12.90	2:51.42	2:38.65	2:29.62	2:22.44	2:18.96	2:16.24	2:13.55	2:11.57
50m Brasse	31.24	40.26	37.28	35.00	33.50	32.35	31.72	31.25	30.63	39.86	36.91	34.65	33.16	32.03	31.40	30.94	30.33
100m Brasse	1:09.14	1:30.41	1:23.72	1:17.84	1:13.75	1:12.31	1:10.54	1:09.49	1:07.78	1:29.51	1:22.88	1:17.06	1:13.01	1:11.58	1:09.83	1:08.80	1:07.11
200m Brasse	2:31.58	3:20.16	3:03.54	2:50.64	2:41.68	2:38.52	2:34.64	2:32.36	2:28.61	3:18.16	3:01.70	2:48.94	2:40.06	2:36.94	2:33.10	2:30.83	2:27.12
50m Papillon	26.78	34.51	31.95	30.00	28.42	27.45	27.05	26.65	26.25	34.16	31.63	29.70	28.14	27.17	26.78	26.38	25.99
100m Papillon	1:00.13	1:18.64	1:12.81	1:07.70	1:04.14	1:02.58	1:01.35	1:00.14	0:58.95	1:17.85	1:12.08	1:07.02	1:03.50	1:01.95	1:00.74	0:59.54	0:58.36
200m Papillon	2:14.70	2:57.87	2:43.10	2:31.64	2:25.11	2:20.17	2:17.42	2:15.39	2:12.06	2:56.09	2:41.47	2:30.13	2:23.66	2:18.77	2:16.05	2:14.04	2:10.74
200m ONI	2:15.39	2:56.65	2:41.98	2:30.60	2:24.12	2:17.82	2:16.42	2:14.38	2:12.74	2:54.88	2:40.36	2:29.09	2:22.67	2:16.44	2:15.06	2:13.03	2:11.41
400m ONI	4:54.00	6:17.34	5:49.23	5:29.34	5:13.54	5:01.36	4:56.94	4:51.12	4:48.24	6:13.57	5:45.74	5:26.05	5:10.40	4:58.35	4:53.98	4:48.21	4:45.36



TEMPS DE QUALIFICATION PROVINCIAUX 2023-2024																	
HOMMES - 50m																	
Événements	Coupe du Québec Senior	Coupe du Québec Junior / Senior										Championnat Québécois Arena					
		11 ans et moins	12 ans	13 ans	14 ans	15 ans	16 ans	17 ans	18 ans et plus	11 ans et moins	12 ans	13 ans	14 ans	15 ans	16 ans	17 ans	18 ans et plus
50m Libre	25.60	33.16	30.70	28.54	27.04	26.24	25.73	25.35	25.10	32.83	30.40	28.25	26.76	25.98	25.47	25.09	24.85
100m Libre	56.28	1:14.32	1:07.46	1:02.71	99.41	97.66	96.63	95.70	95.15	1:13.58	1:06.79	1:02.09	98.81	97.09	95.97	95.14	94.60
200m Libre	2:03.20	2:37.43	2:25.69	2:17.38	2:10.11	2:06.29	2:02.87	2:01.99	2:00.68	2:35.85	2:24.23	2:16.00	2:08.81	2:05.03	2:02.58	2:00.77	1:59.57
400m Libre	4:23.86	5:37.06	5:15.01	4:54.13	4:39.99	4:30.46	4:25.16	4:19.96	4:18.69	5:33.69	5:11.86	4:51.19	4:37.19	4:27.75	4:22.50	4:17.36	4:16.10
800m Libre	9:20.09	11:48.50	11:02.51	10:18.26	9:48.53	9:34.18	9:22.92	9:14.60	9:10.11	11:41.42	10:55.53	10:12.07	9:42.65	9:28.44	9:17.29	9:09.06	9:03.62
1500m Libre	17:31.56	22:10.38	20:25.32	19:15.53	18:31.09	17:53.26	17:37.16	17:28.59	17:10.94	21:57.07	20:13.07	19:03.98	18:19.98	17:42.52	17:26.59	17:16.12	17:00.63
50m Dos	29.68	38.25	35.42	33.25	31.82	30.74	30.13	29.69	29.10	37.87	35.06	32.92	31.50	30.43	29.83	29.39	28.81
100m Dos	1:03.69	1:23.29	1:16.36	1:11.70	1:07.94	1:06.28	1:04.98	1:03.70	1:02.44	1:22.48	1:15.60	1:10.99	1:07.26	1:05.62	1:04.33	1:03.06	1:01.82
200m Dos	2:19.82	2:58.35	2:45.08	2:35.96	2:28.19	2:24.58	2:21.74	2:19.65	2:18.08	2:56.57	2:43.41	2:36.71	2:29.13	2:20.33	2:20.33	2:17.56	2:15.51
50m Brasse	32.19	41.47	38.40	36.55	34.50	33.32	32.67	32.19	31.55	41.05	38.01	35.69	34.16	33.29	32.84	32.34	31.83
100m Brasse	1:11.21	1:33.13	1:26.23	1:20.17	1:15.96	1:14.48	1:12.65	1:11.58	1:09.82	1:32.19	1:25.37	1:19.37	1:15.20	1:13.73	1:11.93	1:10.86	1:09.12
200m Brasse	2:36.12	3:28.17	3:09.04	2:55.76	2:46.53	2:43.28	2:39.28	2:36.93	2:33.06	3:24.11	3:07.15	2:54.01	2:44.86	2:41.65	2:37.69	2:35.36	2:31.53
50m Papillon	27.58	35.54	32.91	30.90	29.27	28.27	27.86	27.45	27.04	35.19	32.58	30.59	28.98	27.99	27.58	27.17	26.77
100m Papillon	1:01.94	1:21.00	1:15.00	1:09.73	1:06.07	1:04.45	1:03.19	1:01.94	1:00.72	1:20.19	1:14.25	1:09.03	1:05.40	1:03.81	1:02.96	1:01.33	1:00.12
200m Papillon	2:18.74	3:03.21	2:47.99	2:36.19	2:29.47	2:24.38	2:21.55	2:19.45	2:16.02	3:01.38	2:46.31	2:34.63	2:27.97	2:22.93	2:20.13	2:18.06	2:14.66
200m ONI	2:19.45	3:01.95	2:46.84	2:35.12	2:28.44	2:21.95	2:20.52	2:18.41	2:16.72	3:00.13	2:45.17	2:33.57	2:26.95	2:20.53	2:19.11	2:17.03	2:15.38
400m ONI	5:02.82	6:28.66	5:59.71	5:39.22	5:22.94	5:10.40	5:05.85	4:59.86	4:56.89	6:24.77	5:56.11	5:35.83	5:19.71	5:07.30	5:02.79	4:56.86	4:53.92



TEMPS DE QUALIFICATION PROVINCIAUX 2023-2024																	
FEMMES - 25m																	
Événements	Coupe du Québec Senior	Coupe du Québec Junior / Senior										Championnat Québécois Arena					
		11 ans et moins	12 ans	13 ans	14 ans	15 ans	16 ans	17 ans et plus	11 ans et moins	12 ans	13 ans	14 ans	15 ans	16 ans	17 ans et plus		
50m Libre	27.55	31.71	30.20	29.03	28.39	27.76	27.48	27.21	31.39	29.90	28.74	28.11	27.48	27.21	26.94		
100m Libre	1:00.69	1:11.25	1:06.53	1:03.62	1:02.22	1:01.15	1:00.55	0:59.95	1:10.54	1:05.86	1:02.99	1:01.60	1:00.54	99.84	99.35		
200m Libre	2:11.55	2:32.88	2:24.23	2:17.95	2:15.58	2:12.22	2:10.91	2:09.94	2:31.35	2:22.79	2:16.57	2:14.22	2:10.90	2:09.61	2:08.64		
400m Libre	4:37.01	5:25.21	5:09.72	4:54.81	4:48.32	4:39.11	4:36.35	4:33.61	5:21.96	5:06.63	4:51.86	4:45.44	4:36.32	4:33.58	4:30.87		
800m Libre	9:32.30	11:08.49	10:30.65	10:08.24	9:52.83	9:35.22	9:29.53	9:25.29	11:01.80	10:24.34	10:03.14	9:46.90	9:29.47	9:23.83	9:19.63		
1500m Libre	18:59.27	21:44.14	20:30.32	19:48.54	19:22.32	19:05.08	18:53.75	18:45.31	21:31.09	20:18.01	19:36.66	19:10.69	18:53.63	18:42.41	18:34.05		
50m Dos	31.82	36.63	34.88	33.87	33.12	32.39	32.07	31.43	36.26	34.53	33.53	32.79	32.07	31.75	31.12		
100m Dos	1:08.22	1:19.28	1:15.51	1:11.87	1:10.29	1:09.08	1:08.40	1:07.38	1:18.49	1:14.75	1:11.15	1:09.59	1:08.39	1:07.71	1:06.71		
200m Dos	2:27.92	2:52.78	2:44.55	2:36.63	2:33.18	2:29.04	2:27.56	2:26.10	2:51.05	2:42.91	2:36.06	2:31.65	2:27.55	2:26.09	2:24.64		
50m Brasse	35.45	40.60	38.67	37.54	36.71	35.90	35.55	35.02	40.19	38.28	37.16	36.35	35.54	35.19	34.67		
100m Brasse	1:17.47	1:30.49	1:26.18	1:22.03	1:20.23	1:18.06	1:17.29	1:16.52	1:29.59	1:25.32	1:21.21	1:19.43	1:17.28	1:16.51	1:15.76		
200m Brasse	2:47.64	3:17.82	3:08.40	2:59.33	2:53.63	2:49.78	2:47.24	2:45.59	3:18.64	3:06.52	2:57.53	2:51.89	2:48.08	2:45.57	2:43.93		
50m Papillon	29.86	34.20	32.57	31.62	30.93	30.09	29.79	29.50	33.86	32.24	31.30	30.62	29.79	29.49	29.20		
100m Papillon	1:07.45	1:19.59	1:15.80	1:12.15	1:10.56	1:09.36	1:07.29	1:06.62	1:18.80	1:15.04	1:11.43	1:09.86	1:07.28	1:06.62	1:05.96		
200m Papillon	2:30.42	3:04.28	2:52.22	2:42.41	2:37.66	2:32.31	2:30.06	2:28.59	3:02.43	2:50.50	2:40.79	2:36.11	2:30.79	2:29.56	2:27.69		
200m ONI	2:30.31	2:52.65	2:42.87	2:35.79	2:33.11	2:30.06	2:28.59	2:27.48	2:50.92	2:41.25	2:34.23	2:31.58					